

Parents

Additional Skills Addressed:

- Punctuality
- Attendance
- Healthy habits
- Goal Setting
- Organization
- Time management
- Listening & speaking skills
- Reading & writing strategies
- Note Taking
- Study/ test taking strategies
- Reference materials & online resources
- Accessing school & community resources



Teaching social skills is very much a team effort. Parents are a large part of the team. Reinforcing skills being taught at home will enhance your child's progress. Arranging for peer contact at home, or involvement in other activities in the community, is also important for your child's social growth.

School Sites:

Training for school staff
On-site support & consultation from the
Autism Support Team



For more information, please feel free to contact:

The Department of Special Education,
Capistrano Unified School District
949-234-9270

Secondary Social Skills Support





The Middle School Social Skills Program

- Skill Acquisition is taught weekly, generally in a small group format with typical peers when possible. Skills are taught in a systematic order. Each skill is broken down into key skill components, with one skill built upon another, with the goal to build a comprehensive set of social behaviors.
- New skills are taught using visual modeling, role-playing of skills, watching videos, and reinforcement for demonstration of skills.
- Generalization of skills is worked on in collaboration with school site staff.
- Parent support is highly encouraged. Parents will receive communication of skills being addressed to reinforce those lessons at home & in the community.



Social Skills Addressed

- Greetings/ introductions
- Good body language
- Making plans with peers
- Compromise
- Being kind & helpful
- Dealing with teasing/ bullying
- Problem solving
- Making & sustaining friendships
- Entering & maintaining conversations
- Perspective taking



Learning Strategies Class w/ an Emphasis in Social Skills

- High School course offered for elective credit (may be repeated) specifically designed to meet the unique needs & challenges of students with High Functioning Autism or Asperger's Syndrome. The course will provide a balance of direct instruction & guided practice in school success and student skills strategies while supporting & developing independence in work from subject matter courses.
- One day weekly a lunch group is made available as an opportunity to practice the skills they are being taught in class. Typical peers are welcome to attend. This group is facilitated by a member of the IBI Social Skills team.
- Key Concepts: social skills, perspective taking, conflict resolution, and problem solving.